



ALONE

Innovative Health Professionals Training Program on
Existential Loneliness among Older People



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NEWSLETTER

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Innovative health care and social professionals Training Curriculum on Existential Loneliness among Older People

The Erasmus+ Alone project focuses its activities on increasing support to care professionals, giving them theoretical tools for the correct identification and tackling of existential loneliness among older people. During the previous phases, project research revealed a lack of skills in social and health care professionals while encountering existential loneliness of older people they work with.

On the basis of the results achieved and suggestions received from the professionals involved in the research activities, Alone programme developed an innovative VET curriculum focused on the specific needs of social and health care professionals, enabling them to deal with the existential loneliness of older people.

THE INNOVATIVENESS OF THE ALONE PROGRAMME

Under the guidance of the Swedish partners, which have a huge expertise in this field, Alone consortium developed a training programme on existential loneliness, giving information on its impact and providing strategies to deal with it. Main innovative factor is the curriculum itself, which is the result of the synergetic work of the partners who have put together complementary competences to create the first training resource on this topic, adapting the training material to the different national contexts. Furthermore, in order to offer an effective educational intervention, the course will be delivered by combining theoretical knowledge with practical training and examples, as well as with reflective sessions.

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Training for trainers' events

Next Steps

In anticipation of the pilot phase of the training course in all partner countries, training days for trainers will be organised in October 2021. This event aims to transfer the skills for the training implementation and ensure the availability of key professionals to support the project.

In total 20 professionals, 4 for each partner organisation, coming from the social, educational or health sector and with experience in working with older people, will be trained. During the 12 hours training, particular attention will be paid to share knowledge, teaching methods, tools and experiences in an intercultural and multi-professional environment.

Once the Alone training curriculum has been tested and professionals involved, local trainings will be organised in each partner country with the participation of 20-25 social and health care professionals working with older people in care settings and social services. Through this experimentation and the evaluations that will be collected from the participants, the training course will be adapted to the different national contexts. The results will be analysed in a downloadable report that will be available on the project website.



To learn more about the project please visit our website www.aloneproject.eu, where reports of the previous research activities are available, or follow us on the most popular social networks with #ALONE_PROJECT